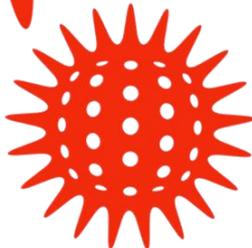
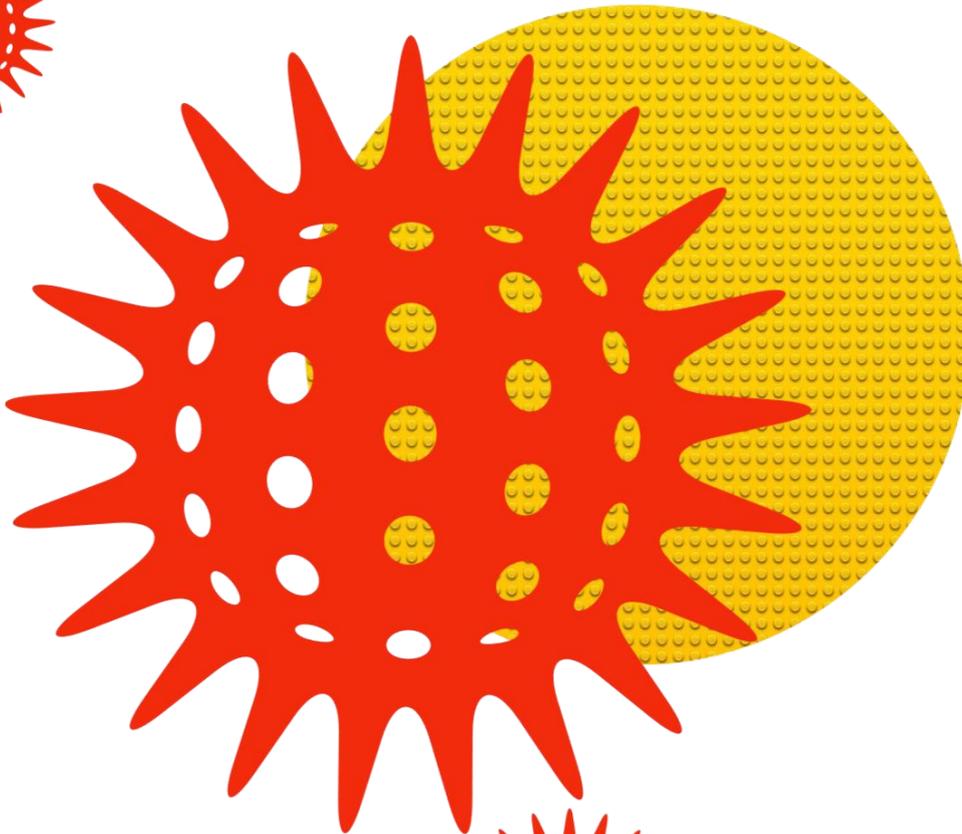
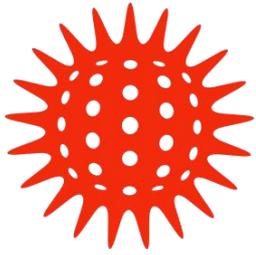


MAPUTIATOTA'S CORONA-STUCK NANO EBOOK 2



**PRACTICAL TIPS ON WHAT
TO DO WHILST STUCK AT
HOME.**

Live productively during the
Corona Virus lockdown!

Disclaimer

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Introduction

Hello and welcome to my **second** book in a **14 part** nano-ebook series. I'm Maputiatota*, and I live in this amazing country, Zimbabwe. Very little content is available about how to live **productively** during the Corona Virus lockdown, and I am on a mission to leave you better than you were when the lockdown began.

Excited? Well so am I! I hope you will enjoy this short read!

Games

Since the beginning of time, man has played games during his free time. Why are games important? Well, it is because they help us tap into positive emotions. These include optimism, curiosity, and creativity. They also give important lessons such as the concept of luck, and making the best use of the resources at your disposal.

So today's productive lesson is learning how to relax by engaging in a few games and fun activities.

Playing Cards

This is a great choice because:

- It is a multiplayer game,
- It teaches the concept of making the best use of the resources at your disposal
- It can be played anytime, anywhere
- It can be spiced up to include exciting rewards for the winner (e.g. the winner spends the day without doing any house work).

Be careful though, as its very easy to spend the whole day doing nothing. This game is super addictive!

Traditional Games

These include *nhodo*, *pada*, *tsoro*, *chihwande hwande* and *hwishu*.*

These games have the following attributes:

- Multiplayer
- They have that pleasant nostalgic effect
- Enhance counting skills
- Can be played during the day
- And they don't need any electronic device

These games aren't played very much so it may be fun to play them again and feel like a kid again. You just might remember one or two pleasant memories :)

* To get more info about the traditional games, have a look at Elliot Siamonga's post https://www.thepatriot.co.zw/old_posts/childrens-traditional-games-and-promotion-of-social-cohesion/

Modern Games

These include word puzzles, video games, chess, and online games

These games may be attractive because of the following:

- Either single, or multiplayer
- Can be played as long as your device is charged (usually a laptop or mobile phone)
- Allow for one to meet with a wide variety of people online

This is a great option if you are alone. Who said being alone means you can't have fun :)

Other Ideas

Get up to date with today's slang – for parents

This could be a fun exercise for parents. Kids could teach them the latest words so that next time they get into a room filled with kids, they will be able to decode the seemingly strange language the kids will be using.

Learn to cook...and to clean pots with burnt food

This is a practical skill that everyone should have. This period is great for one to learn how to cook using:

- A gas stove
- An electric stove and
- Using fire

And as a free bonus you get food! You've got to love cooking. You do need to watch your calories though as you may have quite a pronounced success curve at the end of the lock down (yes it's called a success curve NOT a big belly).

Also remember to involve this in your lifestyle after the lockdown. Bring in games wherever you can because that creative spark may just help you think of the next best idea!

Watch local YouTube content

One needs to consume local content. This could be in the form of blogs, YouTube videos or local podcasts. These will help you keep up to date with the latest language in use (so that you don't end up appearing like an archaic being), and they also help shed the truth on what is actually going on in the local scene.

Some local blogs I follow are:

Techzim – This is a technology blog that keeps you upto date with tech-related content in Zimbabwe.

Pindula – This is a news site. I like this site because their articles are super short and easy to read.

Here is a link to discover more <https://www.techblog.co.zw/zimbabwean-blogs-to-have-on-your-reading-list-in-2019>

(Seriously. You have the time 😊)

YouTube

I follow a channel – College Central. They host a series Wadiwa Wepamoyo, and they drop an episode every week.

I find it to be great because of the humour brought out by Biko and Man-Tawa. In addition, the story line is quite relatable to an average Zimbabwean, unlike most western movies we consume.

I can't wait to find out what Man-Tawa and Biko are up to in tomorrow's episode in which they go after Noku because... (Tune in to find out).

Conclusion

This brings us to the end of this nano ebook
Tomorrow we'll talk about Telecommunications & 5G. It will be quite a book so
don't miss out ;)

I hope you enjoyed it. For more material, feel free to head over to my blog
<https://maputiatotablog.wordpress.com>

I'm available on Instagram @ maputiatota, and on Twitter @ maputiatota
Don't be shy to say hi!